



2 Feb Epiphany 5      23 Feb 1 Before Lent  
 9 Feb 3 Before Lent  
 16 Feb 2 Before Lent



Welcome to St Helen's Church Trowell

If you are visiting and wish to know more about our Church Vision, please see our Church Website  
 Let us pray that we will continue to grow as churches within the vision granted us together ...

Sundays at St Helen's

<b>1<sup>st</sup> Sunday</b>	10.30 am	Morning Worship with time for meaningful worship and teaching	
	3.30 pm	Lego Church – For Children and Families . Learning about the Bible through Lego and fun	
	6.00 pm	Evening Communion Service	
<b>2<sup>nd</sup> Sunday</b>	10.30 am	Morning Worship	
<b>3<sup>rd</sup> Sunday</b>	10.30 am	All Age Service (even numbered months) Village Breakfast (odd numbered months) These are more informal services with activities	
			
<b>4<sup>th</sup> Sunday</b>	10.30 am 7.30 pm	Family Communion Praise Night – Informal worship	
<b>5<sup>th</sup> Sunday</b>	10.30 am	Morning Worship	

During the month at St Helen's

<b>1<sup>st</sup> Saturday</b>		10.00 am – 12.00 pm Drop in for drinks, cakes and chat
<b>Every Wednesday</b>		10.30 am – 11.30 am Gather for coffee at 10.00 am then join in a small informal service with reflection, worship and prayers.
		After Wednesday Church, the Church remains open until 4.00 pm for personal prayer, peace and quiet.
		Join us for gardening in the churchyard from 1.00 pm
<b>Every Wednesday</b>		1.30 pm – 3.00 pm. Babies and toddlers to drop in to play anytime in the afternoon with their grown ups..
<b>Every 3<sup>rd</sup> Sunday</b>		6.00 pm – 7.00 pm. Youth Night for Years 4-6. Relax with friends, play games and enjoy a treat from the tuckshop. Join in with group games, lively worship music and more

Services & Duties

		<b>Minister / Leader</b>	<b>Warden</b>	<b>Welcomer</b>
1 <sup>st</sup> Sunday	10.30 am	Kirsten W	Jules	Hilary West
	6.00 pm	Karen H`	Jules	
2 <sup>nd</sup> Sunday	10.30 am	Paul W	Jules	Graham Savage
3 <sup>rd</sup> Sunday	10.30 am	Mel	Graham	Julia Lunn
4 <sup>th</sup> Sunday	10.30 am	Karen H	Jules	Joy Hatton



## Stapleford Food Bank

There is a box at the back of the Church for your contributions. These are collected and taken to the Food Bank each week. Thank you for your help.

## St Helen's Church Finances

All financial gifts are welcome and it's really easy to give to our Church. Please speak to our Treasurer, Karen Morley, and she can advise the best way to give.

**Our Account Details are: Trowell PCC, Sort Code 60 11 37, Account Number 05411653**

Gifts are particularly welcomed towards our Tower Fund which is in need of a large amount of restoration to stop it falling down.

Money can also be donated electronically in church or through the website at [actchurches.com/tower](http://actchurches.com/tower).

Thank you for your continued generosity.



Join Easyfundraising and help St Helen's by raising FREE donations with your on line shopping. Join.[easyfundraising.org.uk](http://easyfundraising.org.uk) – You shop. St Helen's gets money for free. Pick up a leaflet from the back of church for more information

## St Helen's Prayer Chain

If you need prayer, we are ready to listen to you, pray for you and listen to God. Please ring a member of the prayer team no later than 8.30 pm. Call any name and they will pass your request around the chain Confidentiality is kept within the people on the Prayer Chain at all times.

Janet (939 4672), Rita (939 3891), Grace and David (0739 7222557 between 8.00 pm & 8.30 pm), Dora (849 9744), Eva (07977 876718), Hilary (07941 297761), Ken & Sue (932 4904).

Prayer requests can also be made via the website <https://www.actchurches.com/prayer-requests>

## Bible verses for February

God's Love casts out fear, so do not let fear control you!

*"Fear not, for I am with you; be not dismayed, for I am your God; I will strengthen you, I will help you, I will uphold you with my righteous right hand."* ~ **Isaiah 41:10**

*"For God gave us a spirit not of fear but of power and love and self-control."* ~ **2 Timothy 1:7**

## Daily prayer and Bible Reading for February

'Let us keep our eyes fixed on Jesus, on whom our faith depends from beginning to end. He did not give up because of the cross! On the contrary, because of the joy that was waiting for him, he thought nothing of the disgrace of dying on the cross, and he is now seated at the right side of Gods throne.' ~ **Hebrews 12:2 (GNT)**

Jesus, I am comforted by remembering today that you see me and seek me. You see me in the frenzy or boredom of an ordinary day among ordinary tasks and you seek me out. It's a staggering thought that the Creator of all might stop, sit patiently at a well, awaiting me, eager to speak to me, to love me, to empower me, on an ordinary day. I praise you as the God of immeasurably vast and yet deeply personal love, Amen. **Lectio 365**

## Other Events Happening This Month and for your Diary

Tues 4 <sup>th</sup> Feb	Deanery Prayer Meeting	12.30pm	Christ Church, Cinderhill
Wed 5 <sup>th</sup> Feb	Alpha (every Wednesday)	7.00pm	St Helen's Church, Trowell
Sat 8 <sup>th</sup> Feb	Ladies that Lunch	12.00pm	Trowell Garden Centre, Trowell
Sun 9 <sup>th</sup> Feb	Messy Church	3.30pm-5.30pm	St Peter's Church, Awsworth
Sat 22 <sup>nd</sup> Feb	Cake, Coffee and Raffle Ticket	10.00am-12noon	St Peter's Church, Awsworth
Wed 26 Feb	Come and Pray	11.00am-4.00pm	St Catherine's Church Cossall (Old School Room)
Fri 7 <sup>th</sup> March	World Day of Prayer Service	2.30pm-3.30pm	St Patrick's Church, Nuthall

**See any additional notices on the notice board or flyer leaflets at the back of church**

See our Website [www.actchurches.com](http://www.actchurches.com) for full details – Also find us at [www.facebook.com/StHelensChurchTrowell](http://www.facebook.com/StHelensChurchTrowell)

Prayer requests, daily notices, news and upcoming events and services

Items for notice sheet to Lauren Boulton by 20<sup>th</sup> of month.

Tel: 07460 367143, email: [notices@trowellchurch.com](mailto:notices@trowellchurch.com) or [administrator@actchurches.com](mailto:administrator@actchurches.com)