



6 Oct Trinity 19  
13 Oct Trinity 20  
20 Oct Trinity 21

27 Oct Last Sunday  
of Trinity




### Welcome to St Helen's Church Trowell

If you are visiting and wish to know more about our Church Vision, please see our Church Website  
Let us pray that we will continue to grow as churches within the vision granted us together ...

### Sundays at St Helen's

<b>1<sup>st</sup> Sunday</b>	10.30 am	Morning Worship with time for meaningful worship and teaching	
	3.30 pm	Lego Church – For Children and Families . Learning about the Bible through Lego and fun	
	6.00 pm	Evening Communion Service	
<b>2<sup>nd</sup> Sunday</b>	10.30 am	Morning Worship	
<b>3<sup>rd</sup> Sunday</b>	10.30 am	All Age Service (even numbered months) Village Breakfast (odd numbered months) These are more informal services with activities	
			
<b>4<sup>th</sup> Sunday</b>	10.30 am	Family Communion	
	7.30 pm	Praise Night – Informal worship	
<b>5<sup>th</sup> Sunday</b>	10.30 am	Morning Worship	

### During the month at St Helen's

<b>1<sup>st</sup> Saturday</b>		10.00 am – 12.00 pm Drop in for drinks, cakes and chat
<b>Every Wednesday</b>		10.30 am – 11.30 am Gather for coffee at 10.00 am then join in a small informal service with reflection, worship and prayers.
		After Wednesday Church, the Church remains open until 4.00 pm for personal prayer, peace and quiet.
		Join us for gardening in the churchyard from 1.00 pm
<b>Every Wednesday During Term Time</b>		1.30 pm – 3.00 pm. Drop in anytime. Tea, coffee and snacks available. For babies & pre-school children. £1.50 per adult – parents, grandparents, carers.
<b>Every 3<sup>rd</sup> Sunday</b>		6.00 pm – 7.00 pm. Youth Night for Years 4-6. Relax with friends, play games and enjoy a treat from the tuckshop. Join in with group games, lively worship music and more

### Services & Duties

		Minister / Leader	Warden	Welcomer
1 <sup>st</sup> Sunday	10.30 am	Kirsten	Ken	Graham
	6.00 pm	Karen H`	Jules	
2 <sup>nd</sup> Sunday	10.30 am	Paul	Jules	Sue E
3 <sup>rd</sup> Sunday	10.30 am	Mel / David M	Graham	Joy
4 <sup>th</sup> Sunday	10.30 am	Paul	Ken	Julia



## Stapleford Food Bank

There is a box at the back of the Church for your contributions. These are collected and taken to the Food Bank each week. Thank you for your help.

## St Helen's Church Finances

All financial gifts are welcome and it's really easy to give to our Church. Please speak to our Treasurer, Karen Morley, and she can advise the best way to give.

**Our Account Details are: Trowell PCC, Sort Code 60 11 37, Account Number 05411653**

Gifts are particularly welcomed towards our Tower Fund which is in need of a large amount of restoration to stop it falling down. Money can also be donated electronically in church or through the website at [actchurches.com/tower](http://actchurches.com/tower).

Thank you for your continued generosity.



Join Easyfundraising and help St Helen's by raising FREE donations with your on line shopping. Join.[easyfundraising.org.uk](http://easyfundraising.org.uk) – You shop. St Helen's gets money for free. Pick up a leaflet from the back of church for more information

## St Helen's Prayer Chain

If you need prayer, we are ready to listen to you, pray for you and listen to God. Please ring a member of the prayer team no later than 8.30 pm. Call any name and they will pass your request around the chain Confidentiality is kept within the people on the Prayer Chain at all times.

David & Janet (939 4672), Rita (939 3891), Grace and David (0739 7222557 between 8.00 pm & 8.30 pm), Dora (849 9744), Eva (07977 876718), Hilary (07941 297761), Ken & Sue (932 4904).

Prayer requests can also be made via the website <https://www.actchurches.com/prayer-requests>

## Bible verses for October

For I know the plans I have for you, declares the Lord, plans for welfare and not for evil, to give you a future and a hope. ~ Jeremiah 29:11

But overhearing what they said, Jesus said to the ruler of the synagogue, "Do not fear, only believe." ~ Mark 5:36

Do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. ~ Philippians 4:6

## Daily prayer and Bible Reading for October

Find a place to be still – Give thanks for the good things of the day - Let go of things bothering you – Review your day - Talk with God

Almighty God, in Christ you make all things new: transform the poverty of our nature by the riches of your grace, and in the renewal of our lives make known your heavenly glory; through Jesus Christ our Lord. Amen.

To aid bible reading and prayer, pick up a copy of "Daily Bread" from the back of church  
For people who like an app, download either Lectio 365 or Everyday Faith

## Other Events Happening This Month and for your Diary

Wed 2 Oct	Half Day of Prayer	9.30 am – 3.30 pm	St Peter's Awworth
Sat 5 Oct	Parish Quiz	Trowell Parish Hall	7.00 pm for 7.30 pm
	Cost £6.50 including food – Take your own refreshments Please see Sue Elmer re tickets		
Sun 6 Oct	Harvest Service at Trowell	Please bring food donations for the Food Bank. A bring and share lunch will follow the service	
	Harvest Service	3.00 pm	Trinity Farm, Cossall
Tues 8 Oct	Cossall Soup Kitchen	12.30 pm – 2.30 pm	The Old School Room
Sat 12 Oct	Benefice Away Day	10.00 am – 3.30 pm	St James The Great, Brinsley Church
	Please bring a packed lunch for yourself		
Thurs 31 Oct	Light Night	6.00 pm – 8.30 pm	In Church
Wed 6 Nov	Games Night	3.30 pm – 8.00 pm	In Church – Bring and join in various games



**See any additional notices on the notice board or flyer leaflets at the back of church**

See our Website [www.actchurches.com](http://www.actchurches.com) for full details – Also find us at [www.facebook.com/StHelensChurchTrowell](https://www.facebook.com/StHelensChurchTrowell)  
Prayer requests, daily notices, news and upcoming events and services

Items for notice sheet to Lauren Boulton by 20<sup>th</sup> of month.

Tel: 07460 367143, email: [notices@trowellchurch.com](mailto:notices@trowellchurch.com) or [administrator@actchurches.com](mailto:administrator@actchurches.com)